

**REGISTRATION FORM - PAYMENT BY CHECK**  
**ASDAH Conference July 12 - 14, 2008**  
**HAES Symposium July 11, 2008**

Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Title/Organization: \_\_\_\_\_

Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Are you a current ASDAH member?  Yes  No

Can you volunteer to help at the conference?  Yes  No

Please indicate if you prefer vegetarian meals:  Yes

Please indicate any special needs: \_\_\_\_\_

**CONFERENCE REGISTRATION OPTIONS:**

**\$295 ASDAH Conference Registration Fee**..... \$ \_\_\_\_\_

(Includes 1-year membership renewal for current ASDAH members. Does NOT include optional CEU fee)

**\$270 ASDAH Early Bird Registration Fee**..... \$ \_\_\_\_\_

(applicable March 1 - May 1 only)

**\$30 NEW one-year ASDAH Full Membership**..... \$ \_\_\_\_\_

(NOTE: Membership year is July 1- June 30<sup>th</sup>. *Must* complete membership application on page 2)

**\$60 NEW one-year ASDAH Organizational Membership**..... \$ \_\_\_\_\_

(NOTE: Membership year is July 1- June 30<sup>th</sup>. *Must* complete membership application on page 2)

**Yes, I plan to attend the Friday July 11th Symposium**

(No additional charge to attend with Conference registration, but reservation required. No additional CEU fee.)

**\$65 HAES Symposium Friday July 11th**(Without ASDAH conference registration)..... \$ \_\_\_\_\_

**Yes, I plan to attend the \$30 Clinical Intensive Friday July 11<sup>th</sup>**..... \$ \_\_\_\_\_

(Charge is for ALL attendees. Space limited. Symposium attendance is a prerequisite)

If you would like to make a donation (not tax deductible) to assist someone in financial need to attend conference please indicate amount of donation here: \$ \_\_\_\_\_

*To pay by credit card, please use online form at [www.sizediversityandhealth.org](http://www.sizediversityandhealth.org)*

**Total Payment Enclosed** \$ \_\_\_\_\_

**ADDITIONAL IMPORTANT INFORMATION:**

- To register for both NAAFA and ASDAH Conferences and take advantage of a Co-Event discount go to [www.naafa.org](http://www.naafa.org).
- Travel and hotel accommodations are **NOT** included in Conference fees. Make hotel reservations online at [www.Marriott.com/laxap](http://www.Marriott.com/laxap) or call 1-800-228-9290. Code for NAAFA/ASDAH rate of \$99/night is: NAANAAA.
- We anticipate CEUs will be available for Master licensed social workers and family therapists, registered dieticians and nutritionists and possibly psychologists. All conference attendees will receive a Certificate of Completion with the total CEU hours listed that they can then submit to other professional groups for CEU consideration.

**Complete and print out this form and mail it with your CHECK payable to ASDAH to:**

ASDAH  
 PO Box 3093  
 Redwood City, CA 94064

**Thank you for registering for the ASDAH 2008 Conference and/or HAES Symposium. We look forward to seeing you at the LAX Marriott in July!**

# Member Application 2008-2009

## For ASDAH Conference registrants only

New       Renewal

Individuals and organizations applying for membership agree to uphold the ASDAH mission and goals, and confirm their commitment to the Health at Every Size Principles. ASDAH welcomes people of all sizes and shapes regardless of race, color, national origin, religion, creed, gender, age, marital status, sexual/affectional orientation, mental or physical disability, or veteran status.

Membership level (check one):

**Full Membership**

Full Membership is open to any individual or organization whose employment or volunteer work promotes or is moving toward the promotion of the Health at Every Size Principles. This level extends full member benefits including voting privileges.

**Organizational Membership**

Organizational Membership is open to organizations who incorporate the Health at Every Size principles in their work that involves aspects of size diversity and health. This level extends full member benefits to any two representatives of the organization including voting privileges.

Name, Degree(s) \_\_\_\_\_ Date \_\_\_\_\_

Occupation \_\_\_\_\_

Title/Organization \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

E-mail \_\_\_\_\_ Fax \_\_\_\_\_

Primary Website \_\_\_\_\_

### Mission Statement

The mission of the Association for Size Diversity and Health (ASDAH) is to promote education, research, and the provision of services which enhance health and well-being, and which are free from weight-based assumptions and weight discrimination.

### Basic Principles of Health At Every Size:

1. Accepting and respecting the diversity of body shapes and sizes
2. Recognizing that health and well-being are multi-dimensional and that they include physical, social, spiritual, occupational, emotional, and intellectual aspects
3. Promoting all aspects of health and well-being for people of all sizes
4. Promoting eating in a manner which balances individual nutritional needs, hunger, satiety, appetite, and pleasure
5. Promoting individually appropriate, enjoyable, life-enhancing physical activity, rather than exercise that is focused on a goal of weight loss

<i>Office Use Only</i>		<small>Rev. 2/11/08 a.s.k.</small>
Date received:	Sent to Membership:	
Invoice sent:	Payment received:	Check Amount & #:
Comments:		